

- FIREBRACE ST TELSTRA SHOP TRIATHLON 2009 -

HORSHAM - LONG COURSE - OVERALL RESULTS - 25 Jan 2009

Competitor	-----RACE-----			-RESULT-				-----SWIM-----			-----BIKE-----			-----RUN-----			OVERALL TIME
	Nbr	S	Cat	Ovl	Cat	Pos	Cat	Pos	Pos	Time	Pos	Cat	Pos	Pos	Time	m/km	
Brock Prime	403	M	20-29	1	1	2	1	0:07:34	1	1	0:31:44	37.8	1	1	0:18:40	3.73	0:57:58
Steve Gray	409	M	30-39	2	1	1	1	0:07:33	2	1	0:32:26	37.0	2	1	0:19:10	3.83	0:59:09
Mark Pumpa	462	M	30-39	3	2	5	3	0:08:22	3	2	0:34:40	34.6	5	4	0:20:40	4.13	1:03:42
Jason Stewart	465	M	30-39	4	3	7	4	0:08:34	6	5	0:36:52	32.5	3	2	0:20:05	4.02	1:05:31
Anthony Mellors	410	M	30-39	5	4	4	2	0:08:04	7	6	0:37:22	32.1	4	3	0:20:19	4.06	1:05:45
Steven James	408	M	30-39	6	5	14	8	0:09:46	4	3	0:35:30	33.8	10	6	0:21:15	4.25	1:06:31
Fiona Collier	432	F	20-29	7	1	9	1	0:09:03	10	1	0:37:44	31.8	7	1	0:20:53	4.18	1:07:40
Jamie Bennett	406	M	30-39	8	6	31	15	0:11:02	5	4	0:36:36	32.8	11	7	0:21:17	4.26	1:08:55
Glen Rigby	424	M	40-49	9	1	17	2	0:10:09	15	3	0:38:48	30.9	13	2	0:21:52	4.37	1:10:49
Simon Mentz	425	M	40-49	10	2	25	4	0:10:37	11	2	0:37:55	31.6	19	3	0:22:20	4.47	1:10:52
Shane Pidgeon	411	M	30-39	11	7	13	7	0:09:37	19	9	0:39:14	30.6	18	10	0:22:13	4.44	1:11:04
Susie Ellis	480	F	40-49	12	1	37	1	0:11:37	9	1	0:37:40	31.9	15	1	0:22:03	4.41	1:11:20
Gavin Fiedler	426	M	50++	13	1	20	2	0:10:13	22	2	0:39:50	30.1	16	1	0:22:05	4.42	1:12:08
Dan Luscombe	422	M	40-49	14	3	42	6	0:12:29	8	1	0:37:31	32.0	20	4	0:22:20	4.47	1:12:20
Cameron Evans	461	M	30-39	15	8	15	9	0:09:54	12	7	0:38:18	31.3	35	18	0:24:15	4.85	1:12:27
Paul McLoughlan	418	M	30-39	16	9	23	11	0:10:32	20	10	0:39:23	30.5	22	12	0:22:33	4.51	1:12:28
Thomas Blair	479	M	16-19	17	1	12	1	0:09:32	16	1	0:38:50	30.9	36	2	0:24:17	4.86	1:12:39
Peter Walsgott	419	M	40-49	18	4	3	1	0:07:59	25	5	0:41:41	28.8	28	6	0:23:02	4.61	1:12:42
Rob Reynolds	404	M	20-29	19	2	29	4	0:11:01	21	3	0:39:50	30.1	14	2	0:21:57	4.39	1:12:48
John Card	413	M	30-39	20	10	16	10	0:10:04	28	12	0:42:02	28.5	12	8	0:21:23	4.28	1:13:29
Jayden Stacey	469	M	16-19	21	2	33	2	0:11:04	26	2	0:41:52	28.7	8	1	0:20:59	4.20	1:13:55
Ronnie Sammut	460	M	40-49	22	5	22	3	0:10:31	32	6	0:43:06	27.8	6	1	0:20:51	4.17	1:14:28
Michael Egan	428	M	50++	23	2	10	1	0:09:09	27	3	0:42:01	28.6	34	2	0:24:00	4.80	1:15:10
Paul Fennell	475	M	30-39	24	11	24	12	0:10:36	18	8	0:39:13	30.6	39	19	0:25:27	5.09	1:15:16
Clinton Midgley	402	M	20-29	25	3	26	3	0:10:45	24	4	0:41:11	29.1	30	4	0:23:26	4.69	1:15:22
Simon Jarvis	405	M	30-39	26	12	46	19	0:13:02	23	11	0:39:53	30.1	24	13	0:22:44	4.55	1:15:39
Adam Lowery	407	M	30-39	27	13	11	6	0:09:10	35	14	0:43:42	27.5	26	14	0:22:49	4.56	1:15:41
David Gordon	420	M	40-49	28	6	50	9	0:14:56	17	4	0:39:02	30.7	27	5	0:22:52	4.57	1:16:50
Jackie Greed	437	F	30-39	29	1	38	4	0:11:38	30	1	0:42:26	28.3	25	1	0:22:47	4.56	1:16:51
Brad Martin	477	M	30-39	30	14	28	13	0:11:00	31	13	0:42:41	28.1	31	16	0:23:33	4.71	1:17:14
Stuart Harradine	414	M	30-39	31	15	30	14	0:11:01	36	15	0:43:48	27.4	21	11	0:22:27	4.49	1:17:16
Tristan Wardley	466	M	20-29	32	4	39	5	0:11:38	33	5	0:43:14	27.8	23	3	0:22:42	4.54	1:17:34
Janna Heard	436	F	30-39	33	2	18	2	0:10:11	37	2	0:43:55	27.3	33	2	0:23:51	4.77	1:17:57

