

**McDONALD'S LIGHTER CHOICES -**

**HORSHAM TRIATHLON - LONG COURSE - OVERALL RESULTS - 28 Jan 2007**

Competitor	-----RACE-----			-RESULT-		-----SWIM-----			-----BIKE-----				-----RUN-----			OVERALL TIME	
	Nbr	S	Cat	Ovl Pos	Cat Pos	Ovl Pos	Cat Pos	Time	Ovl Pos	Cat Pos	Time	kph	Ovl Pos	Cat Pos	Time		m/km
STEWART Jason	38	M	30-39	1	1	2	2	0:07:59	3	2	0:34:17	35.0	1	1	0:17:33	3.51	0:59:49
GRAY Steve	1	M	30-39	2	2	1	1	0:07:49	1	1	0:33:24	35.9	4	3	0:18:53	3.78	1:00:06
DELLAVEDOVA Chris	2	M	30-39	3	3	5	4	0:08:27	5	3	0:35:38	33.7	6	4	0:19:29	3.90	1:03:34
WALKER Peter	7	M	40-49	4	1	10	1	0:09:59	4	2	0:35:09	34.1	3	1	0:18:39	3.73	1:03:47
SCHNEIDER Tim	9	M	40-49	5	2	21	5	0:10:55	2	1	0:33:59	35.3	5	2	0:18:54	3.78	1:03:48
MELLORS Anthony	4	M	30-39	6	4	3	3	0:08:07	8	5	0:37:21	32.1	2	2	0:18:36	3.72	1:04:04
MOORE Paul	5	M	30-39	7	5	6	5	0:08:29	6	4	0:36:14	33.1	17	7	0:21:24	4.28	1:06:07
BLAIR Thomas	27	M	16-19	8	1	8	2	0:09:19	9	1	0:37:21	32.1	10	1	0:20:32	4.11	1:07:12
COLLIER Jennifer	17	F	20-29	9	1	7	1	0:08:49	12	1	0:38:24	31.3	12	1	0:20:55	4.18	1:08:08
RICE Garry	15	M	50++	10	1	14	1	0:10:17	16	1	0:39:09	30.7	7	1	0:19:50	3.97	1:09:16
HEARD Drew	41	M	40-49	11	3	18	4	0:10:38	7	3	0:36:54	32.5	21	6	0:22:01	4.40	1:09:33
RIGBY Glen	12	M	40-49	12	4	23	6	0:11:14	11	4	0:37:54	31.7	11	3	0:20:41	4.14	1:09:49
MENTZ Simon	45	M	30-39	13	6	12	6	0:10:08	14	7	0:38:46	31.0	15	6	0:21:04	4.21	1:09:58
ELLIS Susie	26	F	40-49	14	1	32	3	0:12:13	10	1	0:37:22	32.1	8	1	0:20:28	4.09	1:10:03
TAGGERT Zack	42	M	20-29	15	1	16	1	0:10:35	18	1	0:39:50	30.1	18	2	0:21:38	4.33	1:12:03
WALSH Gerry	36	M	30-39	16	7	22	9	0:11:09	13	6	0:38:27	31.2	24	8	0:22:34	4.51	1:12:10
PALLOT Campbell	14	M	50++	17	2	24	2	0:11:34	17	2	0:39:37	30.3	22	2	0:22:05	4.42	1:13:16
EGAN Michael	10	M	40-49	18	5	0	0	0:00:00	0	0	0:00:00	0.0	23	7	0:22:27	4.49	1:13:34
O'BRIEN Fiona	31	F	40-49	19	2	25	1	0:11:36	19	2	0:40:53	29.4	19	2	0:21:41	4.34	1:14:10
BRENNAN Annabel	19	F	30-39	20	1	13	2	0:10:15	25	1	0:43:22	27.7	16	1	0:21:09	4.23	1:14:46
CROTON Haydn	40	M	20-29	21	2	27	2	0:11:43	23	2	0:42:36	28.2	9	1	0:20:31	4.10	1:14:50
JOHNS Nicholas	33	M	16-19	22	2	4	1	0:08:26	20	3	0:41:15	29.1	34	2	0:25:32	5.11	1:15:13
BRYAN Shane	29	M	30-39	23	8	19	8	0:10:42	22	8	0:42:29	28.2	25	9	0:22:50	4.57	1:16:01
WOOD Mathew	43	M	16-19	24	3	20	3	0:10:49	15	2	0:39:00	30.8	35	3	0:26:34	5.31	1:16:23
RIMMER Emily	37	F	30-39	25	2	9	1	0:09:53	29	2	0:44:22	27.0	29	3	0:24:20	4.87	1:18:35
GANNON Richard	8	M	40-49	26	6	15	3	0:10:21	34	8	0:46:33	25.8	20	5	0:21:44	4.35	1:18:38
KELLY Barb	20	F	40-49	27	3	33	4	0:12:44	24	3	0:43:15	27.7	28	3	0:23:54	4.78	1:19:53
GRAHAM Nick	13	M	50++	28	3	29	4	0:11:53	21	3	0:41:16	29.1	36	4	0:27:00	5.40	1:20:09
WILSON Murray	28	M	30-39	29	9	30	10	0:12:00	28	9	0:43:41	27.5	31	10	0:24:46	4.95	1:20:27
MILLS Kelvin	11	M	40-49	30	7	37	8	0:16:12	27	5	0:43:31	27.6	13	4	0:20:58	4.19	1:20:41
PARNABY Meg	23	F	50++	31	1	35	1	0:13:00	26	1	0:43:29	27.6	33	1	0:24:56	4.99	1:21:25
LANG Bridget	18	F	30-39	32	3	34	3	0:12:48	32	3	0:45:38	26.3	26	2	0:23:03	4.61	1:21:25
FREELAND Robert	39	M	50++	33	4	28	3	0:11:52	35	4	0:47:10	25.4	30	3	0:24:25	4.88	1:23:27
DYMKE Greg	6	M	40-49	34	8	11	2	0:10:04	30	6	0:45:05	26.6	39	9	0:28:30	5.70	1:23:39

MARTIN Andrew	32 M	40-49	35	9	36	7	0:14:07	33	7	0:46:22	25.9	27	8	0:23:20	4.67	1:23:49
PIDGEON Shane	44 M	30-39	36	10	17	7	0:10:37	38	11	0:53:02	22.6	14	5	0:20:59	4.20	1:24:38
KOEHLER Lauren	16 F	20-29	37	2	26	2	0:11:42	31	2	0:45:18	26.5	38	2	0:28:25	5.68	1:25:25
BISHOP Donna	22 F	40-49	38	4	31	2	0:12:09	36	4	0:49:23	24.3	37	4	0:27:13	5.44	1:28:45
CLARK Michael	30 M	30-39	39	11	38	11	0:17:22	37	10	0:51:17	23.4	32	11	0:24:49	4.96	1:33:28

Average Times							0:10:59			0:41:17	29.1			0:22:25	4.48	1:14:40
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Bike time includes both transitions plus 20 km - Run distance = 5 km

0:00:00 = Split Times not Assessed DNF = Did Not Finish DQ = Disqualified (Refer to Race Director)

Race Timing and Results by ON THE DAY RACE RESULTS - Contact: Deane Welsh (deanewelsh@bigpond.com)